



**Research has shown liquid nutrition supplements are nearly 98% more absorbed in the body than traditional tablet/pill supplements.*

Summary of Nutrients & Compounds and their Role/Function

- I. **13 Vitamins- (water & fat soluble) → Nourishes body for optimal function**
- II. **7 Minerals- (macro and micro-trace) → Nourishes body for optimal function**
- III. **Anti-Inflammatory compounds- Omegas 3, 6, 9; Turmeric → Heart protective**
- IV. **Prebiotics & Digestive enzymes → Nourishes the gut for optimal performance**
- V. **Phytonutrients-Antioxidants → Promotes ideal circulation, kills toxins**
- VI. **Liver cleanse/Detox → Promotes bowel regularity and removes toxins**
- VII. **Amino Acid Complex- 17 Essential & Non-essential → Protein building**
- VIII. **Other ingredients- Potassium benzoate → Preserves freshness/prevents mold**